

IISD Experimental Lakes Area Visitor Checklist

General weather conditions at IISD-ELA

Accommodations

Available in camp:

- ➔ Assigned room (typically individual for staff, shared for students, tours and field courses) with shared common areas (e.g., entryway, bathroom, living room, porch, etc.)
- ➔ Bathroom facilities – full plumbing (i.e., toilets, sinks, showers, fans, soap)
- ➔ Mattress (single- or double-sized), bed frame, desk with shelves and light, chair, dresser, side table with lamp, closet with hangers, garbage can, corkboard, mirror
- ➔ Power outlets, hard-line and Wi-Fi internet access

Recommended to bring to camp:

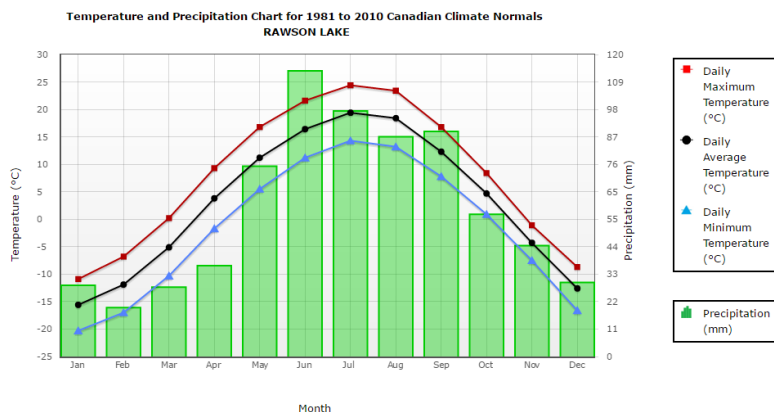
- ➔ Chargers, alarm clock (battery-operated), fan, power bar (surge protector)
- ➔ Pillow (limited availability), sleeping bag, warm blankets (limited availability)
- ➔ Toiletries (e.g., shampoo, soap, toothbrush and paste, lotion, etc.) and towels (shower/beach)

****Visitors are not permitted to bring their pets to the IISD-ELA facility**

Clothing and Personal Gear

Recommended to bring to camp:

- ➔ Clothing (e.g., base layers, undergarments, pants, flannels, sweaters/fleeces, warm socks, etc.)
- ➔ Cold-weather clothing (e.g., jackets, vests, snow pants, gloves/mitts, hats/toques, buffs, etc.)
- ➔ Daypack or backpack
- ➔ Footwear (e.g., rubber boots, hiking/work boots, winter boots, runners, sandals, etc.)
- ➔ Headgear (e.g., polarized sunglasses, baseball cap, sun hat, bug hat, etc.)
- ➔ Personal rain gear
- ➔ Sunscreen and bug repellent
- ➔ Swimwear and towel
- ➔ Utility knife
- ➔ Water bottles and thermoses



Laundry

Available in camp:

- ➔ Clothes washers and dryers (general use; *no laundry services provided)
- ➔ Clotheslines (outside of most residences, recommended use) and drying racks
- ➔ Fitted and flat sheets, pillowcases and liners, blankets, bathmats
- ➔ Liquid and powdered laundry soap (septic field-friendly)

Recommended to bring to camp:

- ➔ Bedding, especially pillow and sleeping bag/blankets
- ➔ Laundry bag or basket
- ➔ Mattress cover (single or double sized)

First Aid and Safety

****IISD-ELA does not have professional medical personnel on staff, but all individuals on site are trained in First Aid.**

Available in camp:

- ➔ First aid kits in every building and vehicle
- ➔ Full first-aid room including
 - Automated External Defibrillator
 - Naloxone kit
 - EpiPens
 - Spine board
 - Various first aid supplies (e.g., bandages, burn dressings, disinfectants, splints, slings, wound closures, etc.)
 - Various first aid equipment (e.g., crutches, eye wash station, neck braces, etc.)

Recommended to bring to camp:

- ➔ General medications (e.g., ASA, Ibuprofen, allergy medication, etc.)
- ➔ Personal medications (e.g., EpiPen, prescriptions)
- ➔ Safety kits for use in field as [outlined and required by Transport Canada](#). See **Field Safety** induction course/policy for additional information.

Food Services

Available in camp:

- ➔ Drinking water (from lake; filtered/UV treated in all labs and residences, potable in Hungry Hall), coffee/tea
- ➔ Meals – three per day plus snacks; field lunches available by request
- ➔ Refrigerator space (general use, limited space in all residences)
- ➔ Small kitchenettes (selected residences)

Recommended to bring to camp:

- ➔ Cooler bags and ice packs
- ➔ Personal snacks and drinks

****Alcohol is permitted in camp during non-working hours, in moderation. Users must comply with the IISD-ELA Alcohol and Cannabis Policy.**

Equipment and Vehicles

In general, researchers should bring their own vehicles for day-to-day use on camp road (recommend trucks or cargo vans with good clearance). IISD-ELA vehicles are available to shuttle people to/from camp and Winnipeg/Kenora (and occasionally Thunder Bay) on Fridays/Sundays. IISD-ELA vehicles may only be driven by individuals who are on the IISD-ELA insurance policy.

Check with your supervisor to see what equipment they will provide for you and what you will be expected to bring.

Available in camp – please request use and send certificates as applicable in advance of your visit:

- ➔ Boats and motors at all frequently used lakes ([*certification required](#))
 - Inflatable boats and electric motors (limited availability)
 - Talk to [Ken Sandilands](#) if you have boat questions.
- ➔ Chainsaws and related personal protective equipment (*certification required; bring your own steel-toed footwear)
- ➔ Field radios
- ➔ Gasoline for boats/utility vehicles/snowmobiles (non-IISD-ELA vehicles must fill up off-site)
- ➔ General-use wood shop tools
- ➔ Ice augers
- ➔ PFDs (floatation suits, vests), life jackets
- ➔ Snowmobiles and toboggans ([*certification required](#))
- ➔ Utility vehicles – ATVs, UTVs (*certification required for [ATVs](#) and [UTVs](#) separately)
 - ATV helmets

Recommended to bring to camp:

- ➔ Field vehicle(s) for use on camp road (truck or cargo van with good clearance recommended)
- ➔ Any tools or equipment you know you will use regularly
- ➔ Building materials for everything you plan to build
- ➔ General field gear (rain gear, waterproof/insulated gloves, work gloves, rubber boots, waders, multitools, boat seat cushions, backpacks, etc.)
- ➔ [Safety kits](#)
 - Including a well-stocked [first aid kit](#) tailored to your crew's needs. Make sure you check your kit prior to heading into the field to ensure all materials are in good shape and well-stocked.

Communications and Computing

IISD-ELA phone number: **(807) 226-5162**

Weekly mail pickup from: **IISD Experimental Lakes Area, Box 1950, Kenora, ON., Canada P9N 3X8**

Available in camp:

- ➔ Field radios (assigned to crews; talk to [Paul Fafard](#) to arrange use)
- ➔ Internet (hardline and Wi-Fi, limited bandwidth in camp; no downloading or streaming on site)
- ➔ VOIP Telephones (multiple lines, free long-distance in North America)

Recommended to bring to camp:

- ➔ Cellular devices (no cellular signal in camp, access via a short walk from camp on the Ridge Trail)
 - Recommend enabling “WiFi Calling” feature prior to arrival in camp if available
- ➔ Headphones/ear buds and Bluetooth speaker
- ➔ Music library and downloaded videos, podcasts (internet bandwidth will not support streaming)
- ➔ Personal laptop/tablet and other electronics, chargers

Please keep all devices on airplane mode when not in use.

Hobby

Available in camp:

- ➔ Beach and swimming access
- ➔ Books (limited library with few identification books)
- ➔ Canoes / kayaks (general use or personal) and paddles
- ➔ Fire pit (during permissible conditions)
- ➔ Fishing (limited lakes; Ontario fishing licence required)
- ➔ Sports and games (e.g., beach volleyball court, horseshoes, table tennis, bocce ball, spike ball, basketball hoop, board games, crosswords, puzzles, etc.)

Recommended to bring to camp:

- ➔ Binoculars
- ➔ Books and field guides
- ➔ Camera
- ➔ Camping gear (e.g., tent, sleeping bag and pad, cooking apparatuses, etc.)
- ➔ Fishing gear (*Ontario fishing license required)
- ➔ Headlamp
- ➔ Musical instruments
- ➔ Other hobby supplies (e.g., knitting, crocheting, painting, sketching, etc.)
- ➔ Workout gear

Scientific Support

IISD-ELA scientific library available (limited titles and texts; ELA-focused publications and theses)

There is some general use limnological sampling equipment on site, but you should plan to bring everything you need to complete your program to camp. Please contact personnel for availability of science-related equipment and tools in the following research areas:

- ➔ Chemistry (Sonya Havens shavens@iisd-ela.org, Blake Cooney bcooney@iisd-ela.org)
- ➔ HydroLim (Ken Sandilands ksandilands@iisd-ela.org, Paul Fafard pfafard@iisd-ela.org)
- ➔ Fish (Mike Rennie mdrennie@iisd-ela.org, Lee Hrenchuk lhrenchuk@iisd-ela.org, Lauren Hayhurst lhayhurst@iisd-ela.org)
- ➔ Plankton Ecology (Scott Higgins shiggins@iisd-ela.org, Mike Paterson mpaterson@iisd-ela.org, Patrique Bulloch pbulloch@iisd-ela.org)
- ➔ Toxicology (Vince Palace vpalace@iisd-ela.org, Jose Luis Rodriguez-Gil jlrodriguez@iisd-ela.org, Lauren Timlick ltimlick@iisd-ela.org)

Additional contacts

- ➔ Facilities Management (John Neall jneall@iisd-ela.org)
- ➔ Education and Outreach (Pauline Gerrard pgerrard@iisd-ela.org, Sarah Warrack swarrack@iisd-ela.org)
- ➔ Fundraising and Philanthropy (Erin Bend ebend@iisd-ela.org)
- ➔ Media and Communications (Sumeep Bath sbath@iisd-ela.org)
- ➔ Other General Inquiries (Roger Mollot rmollot@iisd-ela.org, Kelly Hayes khayes@iisd-ela.org)