

# IISD Experimental Lakes Area Visitor Checklist

See: [General weather conditions at IISD-ELA](#)

## Accommodations

Available in camp:

- Assigned room (typically individual for students and staff, shared for tours and field courses) with shared common areas (e.g., entryway, bathroom, living room, porch, etc.)
- Bathroom facilities—full plumbing (i.e., toilets, sinks, showers, fans, soap)
- Mattress (single or double sized), bed frame, desk with shelves and light, chair, dresser, side table with lamp, closet with hangers, garbage can, corkboard, mirror
- Power outlets, hardline and Wi-Fi internet access (most buildings)

Recommended to bring to camp:

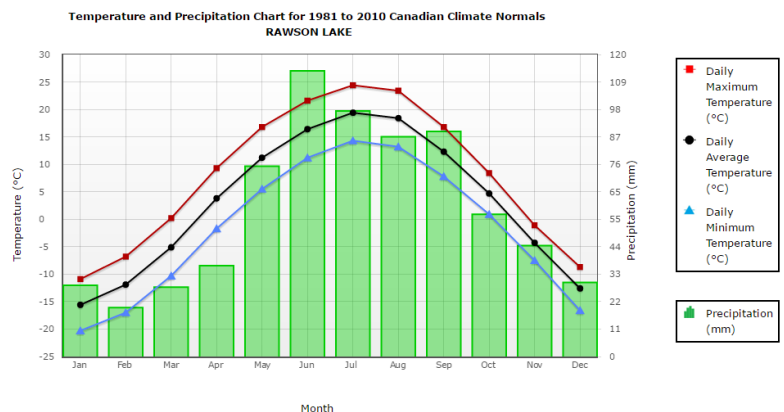
- Chargers, alarm clock (battery operated), fan, power bar (surge protector)
- Pillow (limited availability), sleeping bag, warm blankets (limited availability)
- Toiletries (e.g., shampoo, soap, toothbrush and paste, lotion, etc.) and towels (shower/beach)

**\*\*Visitors are not permitted to bring their pets to the IISD-ELA facility**

## Clothing and Personal Gear

Recommended to bring to camp:

- Clothing (e.g., base layers, undergarments, pants, flannels, sweaters/fleeces, warm socks, etc.)
- Cold-weather clothing (e.g., jackets, vests, snow pants, gloves/mitts, hats/toques, buffs, etc.)
- Daypack or backpack
- Footwear (e.g., rubber boots, hiking/work boots, winter boots, runners, sandals, etc.)
- Headgear (e.g., polarized sunglasses, baseball cap, sun hat, bug hat, etc.)



- Personal rain gear
- Sunscreen and bug repellent
- Swimwear and towel
- Utility knife
- Water bottles and thermoses

## Laundry

Available in camp:

- Clothes washers and dryers (general use; \*\*no laundry services provided)
- Clotheslines (outside of most residences, recommended use) and drying racks (general use)
- Fitted and flat sheets, pillowcases and liners, blankets, bathmats
- Liquid and powdered laundry soap (septic field-friendly)

Recommended to bring to camp:

- Bedding, especially pillow and sleeping bag/blankets
- Laundry bag or basket
- Mattress cover (single or double sized)

## First Aid and Safety

**\*\*IISD-ELA does not have professional medical personnel on staff, but all individuals on site are trained in first aid.**

Available in camp:

- First aid kits in every building and vehicle
- Full first aid room including
  - Automated external defibrillator
  - Various first aid supplies (e.g., bandages, burn dressings, disinfectants, splints, slings, wound closures, etc.)
  - Various first aid equipment (e.g., crutches, eyewash station, neck braces, etc.)

Recommended to bring to camp:

- General-use medications (e.g., ASA, Ibuprofen, oral allergy medication, etc.)
- Personal medications (e.g., EpiPen®)

- Safety kits for use in field as [outlined and required by Transport Canada](#). See **Working on and Around Water** induction course/policy for additional information.

## Food Services

Available in camp:

- Drinking water (from lake; filtered/UV treated in all labs and residences, potable in Hungry Hall), coffee/tea
- Meals—three per day plus snacks; field lunches available by request
- Refrigerator space (general use, limited space in all residences)
- Small kitchenettes (selected residences)

Recommended to bring to camp:

- Cooler bags and ice packs
- Personal snacks and drinks

**\*\*Alcohol is permitted in camp during non-working hours, in moderation. Users must comply with and acknowledge the IISD-ELA Alcohol and Cannabis Policy.**

## Equipment and Vehicles

In general, researchers should bring their own vehicles for day-to-day use on camp road (recommend trucks or cargo vans with good clearance). IISD-ELA vehicles are available to shuttle people to/from camp and Winnipeg/Kenora (and occasionally Thunder Bay) on Fridays/Sundays.

Check with your supervisor to see what equipment they will provide for you and what you will be expected to bring.

Available in camp—please request use and send certificates as applicable in advance of your visit:

- Boats and motors at selected locations (\*\*[certification required](#))
  - Inflatable boats and electric motors (limited availability)
- Chainsaws and related personal protective equipment (\*\*certification required; bring your own steel-toed footwear)
- Field radios
- Gasoline for boats/utility vehicles/snowmobiles (non-IISD-ELA vehicles should fill up off-site)
- General-use woodshop tools

- Ice augers
- PFDs (flotation suits, vests), life jackets
- Snowmobiles and toboggans (\*\*[certification required](#))
- Utility vehicles – ATVs, UTVs (\*\*certification required for [ATVs](#) and [UTVs](#) separately)
  - ATV helmets

Recommended to bring to camp:

- Field vehicle(s) for use on camp road (truck or cargo van with good clearance recommended)
- Any tools or equipment you know you will use regularly
- Building materials for everything you plan to build
- General field gear (rain gear, waterproof/insulated gloves, work gloves, rubber boots, waders, multitools, boat seat cushions, backpacks, etc.)

## Communications and Computing

IISD-ELA phone number: (807) 226-5162 + 3-digit extension number that you wish to reach  
Weekly mail delivery to: IISD Experimental Lakes Area, Box 1950, Kenora, ON., Canada P9N 3X8

Available in camp:

- Field radios (assigned to crews)
- Internet (hardline and Wi-Fi, limited bandwidth in camp)
- VOIP Telephones (multiple lines, free long-distance in North America)

Recommended to bring to camp:

- Cellular devices (no cellular signal in camp, access via a short walk from camp on the Ridge Trail)
  - Recommend enabling “Wi-Fi Calling” feature if available
- Headphones/earbuds and Bluetooth speaker
- Music library and downloaded videos, podcasts (Internet bandwidth will not support streaming)
- Personal laptop/tablet and other electronics, chargers

Please keep all devices on airplane mode when not in use.

## Hobbies

Available in camp:

- Beach and swimming access
- Books (limited library with few identification books) and movies (VHS and DVD)
- Canoes/kayaks (general use or personal) and paddles
- Firepit (during permissible conditions)
- Fishing (limited lakes; Ontario fishing licence required)
- Satellite TV (limited programming and availability)
- Sports and games (e.g., beach volleyball court, horseshoes, table tennis, bocce ball, spike ball, basketball hoop, board games, crosswords, puzzles, etc.)

Recommended to bring to camp:

- Binoculars
- Books and reference materials
- Camera
- Camping gear (e.g., tent, sleeping bag and pad, cooking apparatuses, etc.)
- Fishing gear (\*\*Ontario fishing licence required)
- Headlamp
- Musical instruments
- Other hobby supplies (e.g., knitting, crocheting, painting, sketching, etc.)
- Workout gear

## Scientific Support

IISD-ELA scientific library available (limited titles and texts; ELA-focused publications and theses)

There is some general-use limnological sampling equipment on site, but you should plan to bring everything you need to complete your program to camp. Please contact personnel for availability of science-related equipment and tools in the following research areas:

- Chemistry (Sonya Havens [shavens@iisd-ela.org](mailto:shavens@iisd-ela.org), Blake Cooney [bcooney@iisd-ela.org](mailto:bcooney@iisd-ela.org))
- HydroLim (Ken Sandilands [ksandilands@iisd-ela.org](mailto:ksandilands@iisd-ela.org), Paul Fafard [pfafard@iisd-ela.org](mailto:pfafard@iisd-ela.org))
- Fish (Mike Rennie [mdrennie@iisd-ela.org](mailto:mdrennie@iisd-ela.org), Lee Hrenchuk [lhrenchuk@iisd-ela.org](mailto:lhrenchuk@iisd-ela.org), Lauren Hayhurst [lhayhurst@iisd-ela.org](mailto:lhayhurst@iisd-ela.org), Marco Haust [mhaust@iisd-ela.org](mailto:mhaust@iisd-ela.org))

- Plankton Ecology (Scott Higgins [shiggins@iisd-ela.org](mailto:shiggins@iisd-ela.org), Mike Paterson [mpaterson@iisd-ela.org](mailto:mpaterson@iisd-ela.org), Cyndy Desjardins [cdesjardins@iisd-ela.org](mailto:cdesjardins@iisd-ela.org))
- Toxicology (Vince Palace [vpalace@iisd-ela.org](mailto:vpalace@iisd-ela.org), Jose Luis Rodriguez-Gil [jlrodriguez@iisd-ela.org](mailto:jlrodriguez@iisd-ela.org), Lauren Timlick [ltimlick@iisd-ela.org](mailto:ltimlick@iisd-ela.org))

#### Additional contacts

- Education and Outreach (Pauline Gerrard [pgerrard@iisd-ela.org](mailto:pgerrard@iisd-ela.org), Sarah Warrack [swarrack@iisd-ela.org](mailto:swarrack@iisd-ela.org))
- Fundraising and Philanthropy (Erin Bend [ebend@iisd-ela.org](mailto:ebend@iisd-ela.org))
- Media and Communications (Sumeep Bath [sbath@iisd-ela.org](mailto:sbath@iisd-ela.org))
- Other General Inquiries (Roger Mollot [rmollot@iisd-ela.org](mailto:rmollot@iisd-ela.org), Kelly Hayes [khayes@iisd-ela.org](mailto:khayes@iisd-ela.org))